



## SACRAMENTO HOUSING AND REDEVELOPMENT AGENCY

December 29, 1981

CITY MANAGER'S OFFICE

DECEMBER 29, 1981

Housing Authority of the City of Sacramento Sacramento, CA 95814

Honorable Members in Session:

SUBJECT: Area 4 Agency on Aging Assessment of the Golden Era Handicrafts and Senior Companion Programs

## SUMMARY

Attached as Exhibit A is a copy of the Area 4 Agency on Aging report of findings as a result of their quarterly review of the Golden Era Handicrafts and Senior Companion Programs.

### BACKGROUND

On November 19, 1981, the Area 4 Agency on Aging staff conducted an on-site review of the operations of the Golden Era Handicrafts project located in the Morse Building, 1029 2nd Street, Old Sacramento and the Sacramento Senior Companion Program (Homebound Component) located in the Ping Yuen Center, 452 I Street.

The findings indicate that the programs are exceeding the expected levels of services and meeting the standards for providing services to the elderly according to the guidelines developed by the Administration on Aging.



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1-12-82 All Districts

# SACRAMENTO HOUSING AND REDEVELOPMENT AGENCY

Housing Authority of the City of Sacramento December 29, 1981 Page Two

## RECOMMENDATION

The staff recommends the receipt and filing of this report.

Respectfully submitted,

WDDon H Flyar

WILLIAM H. EDGAR Interim Executive Director

TRANSMITTAL TO COUNCIL:

MADIER J. SLIPE City Manager



December 11, 1981

Mr. Roger Schwarzin, Acting Director Foster Grandparent/ Senior Companion Program 452 'I' Street Sacramento, CA 95814

Dear Roger:

Please find enclosed a copy of the Program Evaluation Report recently completed for your Title III-B program. The report is based upon David Soto's latest onsite visit and the monthly activity reports you have submitted to Area 4.

Copies of this report will be sent to your local County Commission on Aging and the Area 4 Advisory Council.

It is hoped that the comments and recommendations will be helpful to you in the ongoing development of your program. Should you have any questions or comments, please do not hesitate to contact David Soto or me.

Sincerely,

Deanna Lea (A-K) Deanna Lea

Director

DLS:DL:bb

Chairperson, County Commission on Aging

Chairperson, Area 4 Advisory Council

Enclosure

Area 4 Agency on Aging Periodic Assessment Project Data

PROJECT: SENIOR COMPANION PROGRAM

GOLDEN ERA HANDICRAFTS

DATE OF ONSITE(S): November 19, 1981

PROJECT DIRECTOR: Roger Schwarzin

David L. Soto

SITE(S) VISITED: FOSTER GRANDPARENTS OFFICE

PERSONNEL INTERVIEWED: Roger Schwarzin, Judy Matranga

FOCUS OF ASSESSMENT: // Baseline

/ x Project Data/Contract Performance

EVALUATOR(S):

/X/ Program Operations

// Nutrition Operations

√ Fiscal

Follow-up on Previous Assessment (see yellow attachment)

CURRENT PROJECT DATA (services for elderly):

SERVICE	Actual JULY-OCT '81	Planned JULY - OCT '81	-%
A. Golden Era			
l. Handicrafters	623	200	312%
2. No. of checks mailed	498	540	92%
B. Senior Companion			
1. Escort Clients	63	40	158%
2. Escort Trips	1,570	. 320	491%
3. Shopping Clients	62	40	155%
4. Shopping Services	780	1,300	60%
5. Visiting Clients	62	. 50	124%
6. Senior Companions	. 12	. 10	120%

ECT: SENIOR COMPANION PROGRAM

ONSITE DATE: November 19, 1981

Area 4 Agency on Agin: Periodic Assessment Findings - page 1

The Golden Era Handicraft program has 623 handicrafters participating through the first four months. This figure slightly surpasses the yearly goal which was set at 600. The number of new handicrafters should continue to increase throughout the year but at a lower level. The number of checks that have been mailed out to the handicrafters (498) is very near the target established for program.

The Senior Companion Program has been complying with its contractual obligations in terms of performance. The planned service levels are, with only one exception, being exceeded by the program. The program has been operating at capacity since July and has not added any additional clients since that time. The waiting list for this program has only been up to seven because clients have been accepted into the other part of the Senior Companion Program, that funded by State funds.

### Comment

### I. Senior Companion Program

The Senior Companion Program (homebound component) is operating with 12 companions. Their distribution by area of residence is as follows:

- a. Rancho Cordova 4
- b. North Sacramento 2
- c. Country Club area 1
- d. Downtown Area 1
- e. Oak Park Area 1
- f. New Helvetia Area 1
- g. South Sacramento 2

The Companions serve clients primarily within their area of residence to maximize costs. Staff is looking to add another companion in South Sacramento. The companions are low income seniors who work 20 hours per week and receive \$2.00 per hour in stipend and \$.15 per mile in gasoline reimbursement.

The Companions receive in-service training on a monthly basis. This training improves their ability to assist their clients with a number of problems. Topics covered during the first six months of the contract included: alcoholism; fuel conservation; stress and hypertension; drug interaction and generics and a tour of a school for the developmentally disabled. Such training can help a Companion learn both how to detect a problem and what to do about it to assist the client.

The Companions visit each of their clients once per week at minimum. Transporting the clients and providing escort to shopping or doctors appointments are very frequent activities for the Companions. For those clients who are totally homebound, the Companions do the shopping for them. All of the Companions have their own cars. The times and days of the visits are maintained on a fairly consistent schedule but events such as a doctor's appointment for a client will alter plans which demand that the scheduling system remain flexible to some extent.

.CT: SENIOR COMPANION PROGRAM

SITE DATE: November 19, 1981

Area 4 Agency on Aging Periodic Assessment Findings- Page 2

The program is receiving some assistance from a CSUS field work student placement. A second year graduate student in Social Work is working 8 hours per day on Mondays, Tuesdays and Wednesday through May, 1982. She is assisting the Director in the assessments of clients and will be doing some of the reassessments also. The Director is also investigating ways of bringing on additional students in the future.

The agencies making referrals have remained fairly constant. The Visiting Nurse's Association has been very active in making referrals as have other health related agencies. Welfare has increased its frequency of referrals with its cutbacks in in-home services. Easter Seal and I&R have also contributed referrals lately. Finally, individuals and family calls continue to come into the office.

## II. Golden Era Handicrafts

The handicraft program has experienced a few personnel changes since July 1st, but has maintained its general structure and policies. A new Boutique Manager, Judy Matranga, began July 22nd. Her background includes being a graphic artist and she seems quite suited to the position. One of the sales clerks funded through the Senior Community Service Employment Program left the boutique in October but was replaced by another person in November.

The final shift in personnel took place when the Outreach Coordinator, Donna Waldriff, who was also funded through SCSEP, left the handicraft program in November to accept full-time, unsubsidized employment. This position has not been replaced. Ms. Matranga is making the outreach rounds at least through the end of the year. She will be determining if this type of activity is an appropriate function for the Boutique Manager or whether someone else should carry out this function. There has been somewhat of a social element to the outreach pick ups because some of the handicrafters have used this occasion to join together to interact socially.

With the paid positions undergoing some disruption, the utilization of volunteers becomes ever more important. The boutique has always had volunteers assisting in sales, but these persons have been participating at least weekly. The Boutique Manager would like to add a number of volunteers who would participate at least once per month. This type of limited participation would avoid volunteer burnout. In a nice gesture, the Manager held a reception to thank the volunteers for helping on November 5th.

Due to the slumping economy, sales among Old Sacramento merchants have been down. The Boutique has been matching the sales level of last year which indicates that it is doing better than most stores in the area. Also, the program has been participating in art fairs, thereby increasing public exposure.

The program also desires to have new handicrafters displaying their goods. The Boutique Manager has been scheduling slide presentations in November and December in Sutter and Placer Counties in an effort to increase participation among the outreach counties. Participation is very low in Sierra County and a presentation may be made there in the future.

ROJECT: SENIOR COMPANION PROGRAM DATE OF ONSITE: Nov. 19, 1981 to be filled in GOLDEN ERA HANDICRAFTS by A4AA Implemented RECOMMENDATIONS: Yes No 1. Both programs are operating successfully and current practices and policies should be maintained. DS:ak.12.8.81