



REPORT TO COUNCIL

City of Sacramento

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CONSENT
April 25, 2006

Honorable Mayor and
Members of the City Council

Subject: Grant: Support Area 4 Agency on Aging Grant Proposal to Subsidize the Triple R Adult Day Program Budget

Location/Council District: Midtown - Hart Senior Center – Council District 3;
Greenhaven - Asian Community Center – Council District 7; North Sacramento -
Woodlake Elementary School – Council District 2

Recommendation: Adopt two Resolutions: 1) Supporting an application for Area 4 Agency on Aging to receive grant funds in the amount of \$303,068, and 2) Authorizing the City Manager to execute all necessary agreements, establish related revenue and expenditure budgets for the grant funds and appropriate the grant funds contingent on receipt of award.

Contacts: Sylvia Fort, Parks and Recreation Program Manager, 808-8381
Rosanne Bernardy, Parks and Recreation Superintendent, 566-1590

Presenters: N/A

Department: Parks and Recreation

Division: Recreation and Human Services

Organization No: 4737

Summary:

This report provides information on an application to renew the Triple-R Adult Day Program's designation as Sacramento County's Alzheimer's Day Care Resource Center by Area 4 Agency on Aging (A4AA). The designation is made every four years and is accompanied by an annual grant that subsidizes this fee-based program's operations. Triple R has been the designee for Sacramento County for the past eight years.

Committee/Commission Action:

None with this item.

Background Information:

The Triple-R Adult Day Program provides respite, recreation and resources for families and older adults with Alzheimer's Disease or other forms of dementia. The program provides respite for families taking care of an older adult experiencing memory loss or frailty, recreation and socialization for older adults in a group setting, and resources for families and communities, including free support groups and a multimedia library.

Through the Federal Older American Act funding and a variety of state and local sources, A4AA has established a system of information and referral-to-service in each of the counties it serves. A4AA provides older adults access to a wide range of services including health insurance counseling, home health or personal care services, senior housing, locations of senior centers, telephone reassurance, energy assistance, legal assistance, employment and volunteer opportunities, and of course, adult day care.

The Alzheimer's Day Care Resource Center (ADCRC) Program was initially established by the California Legislature in 1984 as a pilot project in select locations and is currently in operation in 40 service areas throughout the state. Triple-R Adult Day Center became Sacramento's first ADCRC through a competitive process in 1999 and was re-designated through the same process in 2002. The second four-year grant cycle will expire June 30, 2006. The designation and accompanying annual grant of \$75,767 is administered by A4AA.

Triple-R Adult Day Program has been a part of the Department of Parks and Recreation since 1992. This fee-based service started at Hart Senior Center and has expanded to sites in Greenhaven at the Asian Community Center and North Sacramento at the Woodlake Elementary School. Families from throughout Sacramento send elderly participants to the Triple R program from one to five days each week. Door-to-door transportation is arranged to and from the program for families who need it. The program participants, who have Alzheimer's Disease or some other form of dementia, are engaged in a stimulating recreation and socialization program offered ten hours each weekday. Family caregivers benefit from participating in support groups and receive individual counseling to help them with the demands of caring for a spouse or parent with dementia. Some caregivers simply take a break while their loved one attends the program, while others are able to continue with a job, which they may otherwise have not been able to maintain in order to care for their family member.

The funding that Triple-R receives from A4AA covers a portion of its operating costs, thereby lowering the fees charged to program participants. Fees for participants that are at an economic disadvantage are covered by Del Oro Caregiver Resource Center and the Multi-service Senior Program at University of California at Davis Medical Center (UCDMC).

Financial Considerations:

If the grant is awarded, the Department of Parks and Recreation will receive a total of \$303,068, or \$75,767 annually from A4AA over the next four years for the operation of the Triple R Program. All additional Triple-R operating expenses are covered by program fees, donations and scholarships from cooperating agencies. A4AA requires a 25 percent match. The match requirement is met by providing non-cash resources, e.g., building space, utilization of community volunteers, liability insurance, and custodial services.

Staff recommends that the City Council authorize the City Manager to establish related revenue and expenditure budgets for the grant funds and appropriate the grant funds contingent on receipt of award. Staff will return to Council if there is any significant change in the requested dollar amount, either in the grant, or in the match requirements.

Environmental Considerations:


There are no environmental considerations with this report.

Policy Considerations:

This report is consistent with the City's strategic plan to achieve sustainability and enhance livability.

Emerging Small Business Development (ESBD):

There are no ESBD considerations with this report.

Approved by: 
Robert G. Overstreet II
Director of Parks and Recreation

Recommendation Approved:


RAY KERRIDGE
City Manager

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RESOLUTION NO.

Adopted by the Sacramento City Council

April 25, 2006

**APPROVING GRANT APPLICATION FOR \$303,068 TO THE AREA 4 AGENCY ON
AGING FOR TRIPLE R ADULT DAY PROGRAM**

BACKGROUND

- A. The Triple-R Adult Day Program provides respite, recreation and resources for families and older adults with Alzheimer's Disease or other forms of dementia. The program provides respite for families taking care of an older adult experiencing memory loss or frailty, recreation and socialization for older adults in a group setting, and resources for families and communities, including free support groups and a multimedia library.
- B. The California Legislature established the Alzheimer's Day Care Resource Center (ADCRC) Program in 1984.
- C. The Triple-R Adult Day Center became Sacramento's first ADCRC through a competitive process in 1999, and was re-designated through the same process in 2002.
- D. Total grant amount available is \$303,068 to be distributed to the City in four annual amounts of \$75,767.

**BASED ON THE FACTS SET FORTH IN THE BACKGROUND, THE CITY COUNCIL
RESOLVES AS FOLLOWS:**

Section 1. Approves the filing of a grant application for \$303,068 to the Area 4 Agency on Aging for the Triple R Adult Day Program.

RESOLUTION NO.

Adopted by the Sacramento City Council

April 25, 2006

AUTHORIZING THE CITY MANAGER TO EXECUTE ALL NECESSARY AGREEMENTS, ESTABLISH RELATED REVENUE AND EXPENDITURE BUDGETS FOR THE GRANT FUNDS AND APPROPRIATE THE GRANT FUNDS CONTINGENT ON RECEIPT OF AWARD ASSOCIATED WITH THE AREA 4 AGENCY ON AGING GRANT PROGRAM FOR THE CITY OF SACRAMENTO TRIPLE R ADULT DAY PROGRAM

BACKGROUND

- A. The Area 4 Agency on Aging provides funding to agencies providing life-enhancing information and services to seniors and those who are caregivers for seniors.
- B. In 2006, the City of Sacramento will apply for \$303,068 in grant funding from the Area 4 Agency on Aging. The Agency requires a 25 percent grant match, which is met by the provision of in-kind services.

BASED ON THE FACTS SET FORTH IN THE BACKGROUND, THE CITY COUNCIL RESOLVES AS FOLLOWS:

- Section 1. Appoints the City Manager, Assistant City Manager, Director of Parks and Recreation or Parks and Recreation Program Manager as agent of the City of Sacramento to conduct all negotiations, execute and submit all documents, including, but not limited to applications, agreements, amendments, payment requests, etc, which may be necessary for the completion of the aforementioned project.
- Section 2. Authorizes the City Manager to execute all necessary agreements, establish related multi-year revenue and expenditure budgets for the grant funds and appropriate the grant funds contingent on receipt of award.

Expense	Labor	250-OGR-Gxxx-41xx	\$ 275,000
	Services & Supplies	250-OGR-Gxxx-42xx	\$ 28,068
	Total		\$ 303,068
Revenue	Federal Grants	250-OGR-Gxxx-35xx	\$ 303,068

- Section 3. Staff will return to Council if there is any significant change in requested dollar amounts, either in the grant or in the match requirements.