

RESOLUTION NO. 2009-005

Adopted by the Sacramento City Council

January 6, 2009

APPROVING ETHEL HART TRUST FUND PROJECTS FOR FISCAL YEAR 2008/09

BACKGROUND

- A. The Statement of Purpose and Guidelines for the Ethel MacLeod Hart Trust Fund Advisory Committee, as approved by City Council, outlines the mechanism and criteria used for funding projects by the Trust Fund. The Advisory Committee identifies and recommends for funding various projects to benefit older adults. In accordance with the guidelines, projects eligible for funding must be city sponsored and/or operated facilities, projects or services. Funds may not be used for ongoing operations.
- B. The Hart Trust Fund Advisory Committee recommends allocating funds for the following two projects: a) Triple-R Sliding Scale Fee Subsidy in the amount of \$72,000; and b) Citywide Senior Information and Assistance Project in the amount of \$33,932, as described in Exhibits A and B.

BASED ON THE FACTS SET FORTH IN THE BACKGROUND, THE CITY COUNCIL RESOLVES AS FOLLOWS:

- Section 1. The following new Ethel MacLeod Hart Trust Fund Projects for FY 2008/09 are approved: a) Triple-R Sliding Scale Fee Subsidy in the amount of \$72,000; and b) Citywide Senior Information and Assistance Project in the amount of \$33,932.

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- Exhibit A - Triple R Sliding Scale System
- Exhibit B - Citywide Senior Information and Assistance Project

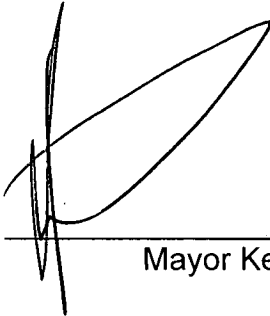
Adopted by the City of Sacramento City Council on January 6, 2009 by the following vote:

Ayes: Councilmembers Cohn, Fong, Hammond, McCarty, Pannell, Sheedy, Tretheway, and Mayor Johnson.

Noes: None.

Abstain: None.

Absent: Councilmember Waters.



Mayor Kevin Johnson

Attest:



Shirley Concolino, City Clerk

ETHEL MacLEOD HART TRUST FUND
PROJECT ALLOCATION – 2009

PROJECT: Triple R Sliding Scale System

FUNDING PROPOSED: \$72,000

Program Description

The Parks and Recreation Department's Older Adult Services section initiated the Triple-R Adult Day Program in 1992 as a way to meet the recreational and personal care needs of people with dementia while providing respite to family members in their demanding role as caregivers. Triple-R is a cost effective community based service for people who have dementia but who are otherwise physically healthy and might instead be inappropriately placed in a medical setting or residential institution. This fee-for-service program has increased from a small twice monthly service staffed by volunteers to a 5-day-a-week program at three sites. The Triple-R programs' extended hours are from 7:30 a.m. to 6 p.m. which allows working caregivers to continue with their careers while their family member attends the program.

Hundreds of families have benefited from participation in Triple-R. However, the growing operational costs result in program fees that many families cannot afford. Grants and donations are continually sought to keep fees as low as possible. Families pay up to \$1440.00 per month to participate in Triple-R on a monthly basis, based on the number of days a person attends each week.

Project Proposal

It is proposed that \$72,000 be allocated from the Hart Trust Fund to support a Triple-R sliding scale fee system for a 12-month period. The system will allow for fee adjustments for families in need of service who do not have the financial resources to pay full amount. Details of the system are as follows:

- \$6,000 in adjustments to fees will be made each month to assist an average of 22 families in need with a maximum subsidy of \$500.00 per month per family.
- All families will pay something based on what they can afford.
- A Sliding Scale application will be provided to families who report an inability to afford program fees.
- The total amount of financial assistance provided to a family will be based on: 1) income; 2) family circumstances and need for respite (e.g. an elderly gentleman who is the sole caregiver for his wife vs. a family with many siblings to share caregiving duties for a parent); and 3) the severity of the dementia.

The Sliding Scale system will support Triple-R operations, allowing the program to continue as a good option for families of all income levels as they struggle to provide a high quality of life for their aging parent or other relative.

ETHEL MacLEOD HART TRUST FUND
PROJECT ALLOCATION – 2009

PROJECT: Citywide Senior Information and Assistance Project

FUNDING REQUIRED: \$33,932

Project Background

Thousands of residents of Sacramento ages 60 and above experience challenges associated with aging. These issues are wide ranging and can be related to deteriorating health, a change in housing needs, inadequate income, transportation and mobility problems, loss of family members and friends, and much more. For many seniors, these experiences are very new and their ability to cope and find resources is limited.

Although Sacramento has a strong network of services to support older adults, most residents have no connection to this network and, as a result, cannot benefit from it. For others who are familiar with the resources, help is often needed to sort through them all, make good decisions and arrange for services.

For the past ten years the Hart Senior Center has offered a program called ARMS (Assistance, Referral and More for Seniors) to provide one-on-one assistance to residents struggling with these aging related challenges. It is proposed that this model be replicated at city operated community centers as a way of making this service convenient for seniors living in other areas of Sacramento.

Project Description

This project involves establishing regular office hours by a trained staff member at a minimum of three locations. The staff member will have expertise in identifying needs and helping seniors resolve challenges they are facing. He or she will also be very familiar with local resources for older adults and will work with seniors on a one-time basis or for more extended periods, depending on the complexity of the client's situation. Walk-in, phone-in and scheduled appointments will be available.

Outreach will be conducted at senior residences, all city community centers, through city publications mailed to residents (utility bills, neighborhood newsletters, etc.) and religious institutions.

It is proposed that this project be funded as a one-year pilot project and thoroughly evaluated at year's end.

Funding Requirements

Social Service Coordinator – 25 hrs/week	\$28,232
Telephone	1,300
Office supplies and Printing	1,500
Mileage	900
Laptop, software	2,000
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Total	\$33,932