



# REPORT TO COUNCIL

## City of Sacramento

915 I Street, Sacramento, CA 95814-2604  
www.CityofSacramento.org

Consent  
**May 27, 2008**

**Honorable Mayor and  
Members of the City Council**

**Title: Agreement: Triple R Adult Day Program-Del Oro Caregiver Resource Center**

**Location/Council District:** Midtown – Ethel MacLeod Hart Senior, Council District 3;  
Greenhaven – Asian Community Center, Council District 7: North Sacramento-  
Woodlake Elementary School, Council District 2

**Recommendation:** Adopt a **Resolution:** 1) Authorizing the City Manager, or a designated representative, to execute an agreement, including any extensions, amendments, or other documents related thereto, with Del Oro Caregiver Resource Center to subsidize costs for participants in the Triple R Adult Day Program.

**Contact:** Sylvia Fort, Recreation Manager, 808-8381; Rosanne Bernardy, Recreation Superintendent, 808-1590.

**Presenters:** Not Applicable

**Department:** Parks and Recreation

**Division:** Youth and Older Adults Services

**Organization No:** 4737

### **Description/Analysis**

**Issue:** The Triple R Adult Day Program provides respite, recreation and resources for families and older adults with Alzheimer's disease or other forms of dementia. The program is a fee for service program, costing up to \$67 per day, per participant.

Fees for economically disadvantaged participants are covered through a long standing partnership with the Del Oro Caregiver Resource Center. The City of Sacramento will be the provider of this service, and participant costs will be subsidized through separate agreements with the Del Oro Caregiver Resource Center. City Council approval of the agreement is required, as the City of Sacramento will be reimbursed for services provided.

**Policy Considerations:** Staff's recommendation is consistent with policies in the City Council adopted *2005-2010 Parks and Recreation Master Plan* including:

Policy 6.9: Partner with School Districts and other local and regional agencies to maximize funding opportunities.

Policy 12.1: Actively pursue and formalize partnership agreements with a broad range of public and private entities,

Policy 12.7: In partnership with other agencies, promote provision of a complete continuum of care in social services for all residents, participating in varied roles in their delivery.

Additionally, providing Parks and Recreation services is consistent with the City's strategic plan to achieve sustainability and livability and to expand economic development throughout the City.

**Environmental Considerations:** Staff's recommendation concerns administrative activities that will not have any significant effect on the environment and that do not constitute a "project," as defined by the California Environmental Quality Act (CEQA) [CEQA Guidelines Sections 15061(b)(3); 15378(b)(2)].

**Commission/Committee Action:** Not Applicable.

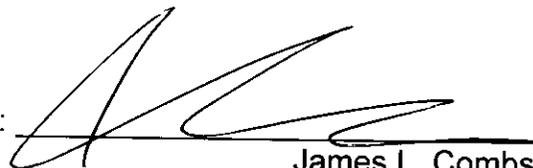
**Rationale for Recommendation:** Families throughout the City of Sacramento send elderly participants to the Triple R Program from one to five days each week. The program provides respite for families taking care of an older adult experiencing memory loss or frailty by providing recreation and socializing for older adults in a group setting. Triple R serves as a resource for families who opt to care for an elderly relative at home in lieu of placement in a residential care center.

The recommended agreement with Del Oro Caregiver Resource Center would provide access to those families that could not afford the program fee. As the City of Sacramento will be reimbursed per participant for services provided, City Council approval of the agreement is required.

**Financial Considerations:** The Triple R Program is a fee for service program and is not reliant on the City's General Fund. This agreement provides participant subsidies from the Del Oro Resource Caregiver Center that will be reimbursed proportionate to the expenses incurred. The Triple R Adult Day Program is part of the Department of Parks and Recreation's Older Adult Services organization, which has an established fiscal year expenditure and revenue budget.

**Emerging Small Business Development (ESBD):** Not applicable.

Approved by:



James L. Combs  
Director of Parks and Recreation

Recommendation Approved:

*for*   
Ray Kerridge  
City Manager

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**ATTACHMENT 1**

**Background:**

The Triple R Adult Day Program provides respite, recreation and resources for families and older adults with Alzheimer's disease or other forms of dementia. The program provides respite for families taking care of an older adult experiencing memory loss or frailty, recreation and socialization for older adults in a group setting, and resources for families and communities, including free support groups and a multimedia library. Triple R serves as a resource for families who opt to care for an elderly relative in lieu of placement in a residential care center.

The program has been a part of the Department of Parks and Recreation since 1992. The program is a fee-based service that began at the Ethel MacLeod Hart Senior Center and has expanded to sites in Greenhaven at the Asian Community Center and North Sacramento at the Woodlake Elementary School.

Families from throughout the City of Sacramento send elderly participants to the Triple R Program from one to five days each week. Door-to-door transportation is arranged to and from the program for families who need it. The program participants are engaged in a stimulating recreation and socialization program offered ten hours each weekday. Family caregivers benefit from participating in support groups and receive individual counseling to help them with the demands of caring for a spouse or parent with dementia. Some caregivers simply take a break while their participant attends the program, while others are able to continue with a job, which they may otherwise have not been able to maintain in order to care for their family member.

In 1999, the Triple R Program became Sacramento's first Alzheimer's Day Care Resource Center through a competitive process conducted by the State of California's Area 4 Agency on Aging. The program was re-designated through the same process in 2002 and again in 2006.

The current cost to participate in the program is \$59 - \$67 per participant/per day. Fees for participants that are economically disadvantaged are covered by the Del Oro Caregiver Resource Center.

This partnership will be continued through agreements with the Agency. As the agreement relates to the City of Sacramento being reimbursed by outside agencies for fee for service provided, the City Council must authorize the City Manager to enter into the recommended agreements.

**RESOLUTION NO. 2008-**

Adopted by the Sacramento City Council

May 27, 2008

**APPROVING AGREEMENT WITH THE DEL ORO CAREGIVER RESOURCE  
CENTER TO SUBSIDIZE THE COST OF PARTICIPANTS OF THE TRIPLE R ADULT  
DAY PROGRAM**

**BACKGROUND**

- A. The Triple R Adult Day Program provides respite, recreation and resources for families and older adults with Alzheimer's disease or other forms of dementia.
- B. The program has been a part of the Department of Parks and Recreation since 1992. The program is a fee-based service that began at the Ethel MacLeod Hart Senior Center and has expanded to sites in Greenhaven at the Asian Community Center and in North Sacramento at Woodlake Elementary School.
- C. The current cost to participate in the program is up to \$67 per participant/per day. Fees for participants that are at an economic disadvantage are covered by the Del Oro Caregiver Resource Center.
- D. This partnership will be continued through the agreements with the Del Oro Caregiver Resource Center. As the agreements relate to the City of Sacramento being reimbursed by outside agencies for fee services provided, the City Council must authorize the City Manager to enter into the recommended agreements.

**BASED ON THE FACTS SET FORTH IN THE BACKGROUND, THE CITY COUNCIL  
RESOLVES AS FOLLOWS:**

- Section 1. Authorizing the City Manager or, a designated representative, to execute an agreement, including any extensions, amendments, or other documents related thereto, with the Del Oro Caregiver Resource Center to subsidize costs for participants to the Triple R Adult Day Program.