

**YWCA**

**OF**

**SACRAMENTO**

**AL/BH COMMISSION  
REVIEW AND RATING SHEET**

**Requesting Agency: YWCA OF SACRAMENTO**

**Amount Requested: \$8,500**

<b>Agency Points</b>	Application Preliminary Points:	Hearing Review Points:
<b>Recommended Funding</b>	Application Preliminary: \$	Hearing Review: \$
<b>Recommended Funding</b>	Application Preliminary: \$	Hearing Review: \$

Is this application complete? Yes \_\_\_\_\_ No \_\_\_\_\_ (If no, go on to next proposal.)

<b>AGENCY/PROPOSAL OVERVIEW</b> (Maximum points 40)	<b>Application Preliminary Points</b>	<b>Hearing Review Points</b>
1. Does agency demonstrate management/organizational stability?		
2. Does proposal support commission's mission?		
3. Does agency demonstrate fiscal stability?		
4. Does agency have a history of successful programs?		

<b>FUNDING PRIORITIES</b> (Maximum points 50)	<b>Application Preliminary Points</b>	<b>Hearing Review Points</b>
1. Does this proposal increase the self-sufficiency of needy city residents?		
2. Does this proposal fill a niche which may be under served by other service providers?		
3. Does this proposal have an innovative approach to meeting Commission's mission statement?		
4. Does this agency have community support (volunteers/in-kind contributions?)		
5. Does this proposal assist any identified under-served population?		

**CITY OF SACRAMENTO  
ANN LAND/BERTHA HENSCHEL MEMORIAL FUNDS COMMISSION  
915 I Street, Sacramento, CA 95814  
2001 APPLICATION FORM**

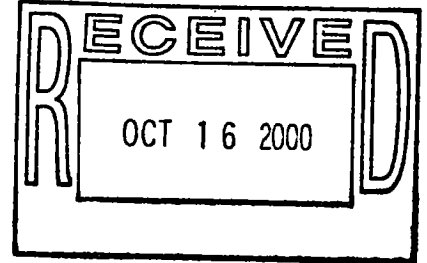
**I. AGENCY**

Name: YWCA Of Sacramento

Address: 1122 17th Street, Sacramento, CA 95814

Mailing Address (if different):

Executive Director: Lisa Kohl



**II. AGENCY CONTACT**

Name: Marsha A. Vacca

Title: Program Manager

Phone Number: (916) 264-8066

**III. TOTAL AMOUNT REQUESTED: \$ 8,500.00**

**IV. PROPOSED USE OF FUNDS REQUESTED**

A. - The amount requested will be applied to: (please choose one)

New Program     On-going Program     One-time Project

B. The funds requested will be used to serve:

Families     Women     Men     Children

C. For quick reference, please check the following services you are requesting and indicate the dollar amount requested

Food \$ \_\_\_\_\_     Clothing \$ \_\_\_\_\_     Shelter \$ \_\_\_\_\_     Utilities \$ \_\_\_\_\_

Transportation \$ \_\_\_\_\_     Medication \$ \_\_\_\_\_     Wage/Stipend \$ \_\_\_\_\_

Other Translation Services \$ 2,500.00

Other Clinical Breast Exams and mammograms \$ 6,000.00

D. Will other funds supplement AL/BH funds request for this program?

YES     NO    Briefly explain:    Please see attached.

E. Total number of clients to be served by AL/BH funds requested:    350

F. Hours AL/BH funded programs would be available to clients:    Please see attached.

G. Geographic service area, within the City, for requested funds:

Please see attached.

H. Please provide a brief description of the program/service for which you are requesting funds. Indicate how it addresses the AL/BH mission and funding priorities. Your description should be limited to a maximum of 2 pages. (Pages may be numbered 2a and 2b.)

Please see attached.

**V. AGENCY DESCRIPTION**

**A. Mission Statement/Agency Goal:**

Please see attached.

**B. Date Incorporated:** December 1905

**C. Agency overview (briefly describe other services/programs your agency currently provides):**

Please see attached.

**D. Will other funds supplement AL/BH funds request for this program?**

Yes. The YWCA *Encoreplus* program is funded through a variety of grant agencies and private donations received from fund raising activities through the YWCA. One grant agency is the Avon Breast Cancer Crusade which provided \$51,200 in the past fiscal year. These monies paid for the program manager's salary, office supplies, printing costs, client transportation, telephones and other operating expenses. The Avon monies may not be used for clinical services or to pay for breast screening mammograms as a restriction of the grant agency. A second grant agency is the Susan G. Komen Breast Cancer Foundation, Sacramento Affiliate, which provided \$20,000 in the past fiscal year. These monies paid for a program assistant and covered clinical breast exams and screening mammograms for women under 40 years of age who were low income and without medical insurance. The balance of the program's income came through private donations made to *Encoreplus* from individuals who have a special interest in supporting the efforts of the program.

For the fiscal year 2000-2001, the *Encoreplus* will again be funded through the Avon Breast Cancer Crusade and private donations. A grant proposal will be submitted to the Komen Foundation along with this request to the City of Sacramento.

**E. Total number of clients to be served by AL/BH funds requested:**

350 low income, uninsured or underinsured women

**F. Hours AL/BH funded programs will be available to clients:**

The *Encoreplus* office hours are 8:00 a.m. to 5:00 p.m., Monday through Friday, with the program assistant also being present at least 3 evenings each week from 6:00 p.m. to 8:00 p.m. Additional outreach and screening activities take place on the weekends. Medical appointments coordinated by the program are scheduled anytime from 7:30 a.m. to 5:00 p.m., Monday through Friday, in the offices of health care providers.

**G. Geographic service area, within the City, for requested funds:**

The program serves the entire City of Sacramento (as well as the Sacramento region) with the funds from the City of Sacramento used strictly for services for low income and uninsured/underinsured women residing within the city limits. *Encoreplus* works closely with other service agencies such as Children First Flat Network to reach out to women within the city limits from all cultural, racial and ethnic backgrounds who meet the criteria for service.

**H. Please provide a brief description of the program/service for which you are requesting funds.**

The YWCA *Encoreplus* program is a one-of-a-kind program providing women in our community with education, screening services, support groups, water exercise therapy,

transportation and other needed support in the early detection of breast and cervical cancer. The program is focused on serving women who are low income, uninsured or underinsured and would have no other means by which to receive life-saving annual breast exams, mammograms, screening services, education and support. *Encoreplus* is the sole provider of such care and services for women under 40 years of age in the local region. This program allows women to benefit from what the latest medical research and good clinical practice guidelines know to be the life-saving services related to early detection of breast cancer which impacts one out of every eight women. If breast cancer is detected in its early stages, more than 95 percent of women can survive the disease, live productive lives, and care for their families.

Key to the program's ongoing success is its close partnership with the state's Breast Cancer Early Detection Program (BCEDP) and the state/federal Breast and Cervical Cancer Control Program (BCCCP). These programs are vital resources for low income women 40 years of age and older and *Encoreplus* regularly refers women who meet the criteria for these programs for service and care through these special funds. Likewise, these programs regularly refer women under 40 to *Encoreplus* as the sole provider of breast health services and care for low income women under 40 years of age. Without *Encoreplus* services, women within the City of Sacramento would go without early breast cancer screening services and care which has been shown to save lives. Other programs or agencies that *Encoreplus* works closely with are the American Cancer Society and UC Davis Medical Center Cancer Clinic.

A vital effort of the *Encoreplus* program is to help overcome the barriers to early detection of breast cancer. Those barriers include fear of discovering cancer, a lack of understanding that screening must be done on a regular basis, inability to pay for early detection services, lack of physician referral, fear of dying from cancer, inability to navigate the healthcare system, language and other cultural barriers. The *Encoreplus* places a special importance of helping women overcome these barriers through reaching out to educate, support and care for women who need regular breast screening. In particular, the program continues to strive to reach out to women who are non-English speaking and of racial and cultural minority groups. *Encore's* program assistant, Sarbjit Kaur is fluent in Hindi and Punjabi. With the Ann Land/Bertha Henschel funds, the program wants to provide Spanish-language and Asian language translation services on a regular, on-going basis which will complement what volunteer translators have provided to the program.

The *Encoreplus* program meets the funding priorities for the Ann Land/Bertha Henschel funds in the following areas:

- 1) It works with needy women living within the City of Sacramento to help them become more self-reliant in dealing with the healthcare system to receive early breast cancer screening services not available to them through any other program or service.

2) The program fills a niche by providing early breast cancer screening and support services to low income women under 40 years of age that are not provided by any other provider in the region.

3) The program has community support through volunteers who oversee weekly support group and water therapy exercise groups for women who have undergone breast cancer treatment, volunteer translators, private contributions in support of the program, the support of other funding agencies, seeking and receiving pro bono clinical services not covered by any other insurance or funding source and the support of the state's Breast Cancer Early Detection Program (serving women over 40 years of age) and other such programs.

4) The program serves low income women who are uninsured or underinsured, from all racial and cultural backgrounds, in the area of early breast cancer screening which continues to be an under-served population as the occurrence of suspicious breast abnormalities continues to increase, particularly in women under 40 years of age.

### Agency Description

#### A. Mission Statement/Agency Goal

The YWCA of Sacramento is part of the national YWCA of the U.S.A. and is a women's membership organization that is strengthened by diversity and strives to create opportunities for women's growth, leadership and power in order to attain a common vision: peace justice and dignity for all people. The YWCA has one imperative to work towards the elimination of racism wherever it exists and by any means necessary.

#### B. Date incorporated: December 1905

#### C. Agency overview

Please see the attached overview of the YWCA's current programs and services.





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## CURRENT PROGRAMS/SERVICES AND ACTIVITIES OF THE YWCA

1122 17th Street  
Sacramento, CA 95814  
(916) 264-8080  
FAX (916) 264-8077

**ENCOREPlus-** serves women throughout the Sacramento area to ensure they get free or low cost mammograms to detect Breast Cancer. This program also provides free support groups and water therapy to those who have undergone cancer surgery.

**Resident Program-**This program provides low-cost housing for 30 senior women and women in transition who need a safe living environment that is close to downtown. The YWCA is the only long term, low-income housing program for single women throughout the entire Sacramento region.

**Women's Resource & Business Directory-** This recent program addition to the YWCA, offers extensive resources, networking opportunities and marketing for women-owned and women-targeted businesses. Next Edition to be published in June 2000.

**Women's Resource Update Newspaper-** This recent program addition to the YWCA, offers educational information, networking opportunities and marketing for women-owned and women-targeted businesses. Bimonthly publication.

**Event Facility Rental-**the YWCA offers attractive, office space to community organizations as well as low-costs rooms to the public for special events, meetings, wedding receptions, classes, etc.

**The Party's in the Kitchen!-** the YWCA's Kitchen Restoration & Cooking School project. The YWCA is equipped with a kitchen just begging to be restored! With the vision and experience of fifteen years food service industry as a baker and restaurant owner, Terrie Green, previous owner of Mad Dog Bakery and Café, and the Y are embarking on this innovative project that will allow us to offer improved catering facilities for special events and specialty cooking classes geared toward kids, single mothers and others. This in turn will bring in revenues to ensure our continued financial viability.

**Women's History Project-(on-going) -** The YWCA is the oldest and largest women's organization in the United States, founded in 1858. The YWCA unites girls and women of diverse experience, faiths and races so that they may gain new understanding and join in the struggle for peace, justice, freedom and dignity for all women. The YWCA of Sacramento has a rich history of serving our local community and working to improve the lives of women and families. We have a number of photographs, documents and momentos that need to be archived and preserved in a manner that allows us to showcase them to the community as well. These will be exhibited in Women's History Month activities, at special events, and community fairs.

**Community Classes and Workshops-**the YWCA provides a number of low-cost classes including contra dancing, martial arts and special interest workshops. Call us for our upcoming schedule.

## YWCA WISH LIST

We will gladly provide a receipt for your tax-deductible donation of items and services.

### Resident Program needs:

Toiletries i.e. Shampoo, Conditioner, Soap  
Bookcases  
Fire Curtain for Boiler Room  
Dressers (32)  
Small Tables With One Chair (32)  
Table Lamps (32)  
Shower Curtains  
Mini-Shed for Courtyard  
Gardening Tools  
Fluorescent Light Bulbs  
Misc. Light Bulbs  
Batteries (for smoke detectors)  
Cleaning Rags  
Wood Cleaner / Polish  
409 or Pine Cleaner for Walls  
Glass Cleaner  
Cleaning Tools  
Large Commercial Garbage Cans  
Paint: Semi Gloss Interior (resident rooms)  
Plaster to Repair Bathrooms (Rock Hard  
Putty for Lathe & Plaster Walls)  
Schlage Brand Lock & Key Services  
Mini blinds for All Rooms  
Glass Display Cases to Post Notices &  
Classes  
Blinds, Mini/Spring Tension Rods for  
Auditorium  
Lawn Mower  
Metal Locking Storage Cabinets  
**Resident Kitchen Needs:**  
Various Kitchen Items  
Silverware  
Pot & Pans  
Dishes (plates, bowls, cups)  
Pot Holders  
Dish Towels  
Soap Dishes  
Microwave  
Various Kitchen Appliances: Mixer,  
Blender, Popcorn Popper, etc.  
Cleaning Supplies: Dish Soap, Mop &  
Broom  
**Building Maintenance and Repair needs:**  
Circular Power Saw  
Table Saws  
Screwdrivers

Heavy-Duty Garden Hoses (2)  
Hose Hangers  
Hose Sprayers for Cleaning Patio  
Push Brooms  
Patio Furniture  
Commercial Grade Mulch  
Contemporary Misc. furniture  
Framed Contemporary Art  
Several Clocks  
Vacuum Cleaner  
Homer Wrenches  
Power Drill & Drill Bits  
Power Sanders  
Belt Sanders  
Cordless Screwdrivers  
Power Washer  
3-foot Levels  
Droplights  
**Services Needs:**  
Landscaping  
Lock and Key Services  
Copy Machine Maintenance and repair  
Internet Service Provider  
Medical & Dental Services for Residents  
**Office Needs:**  
Copy Paper (Multiple Colors)  
Paper Shredder  
Avery Mailing Labels  
Inter Office Mail Boxes (cubby holes)  
Display Stands for Flyers & Handouts  
**EncorePlus Needs:**  
New Computer  
Hanging File Cabinets  
Display Boards  
Copy Paper (White & Pink)  
Computer Diskettes (Blank)  
General Office Supplies  
Zip Drives  
**Water Therapy Group Needs:**  
Flat Frisbees  
Kick Boards  
Foam Noodles (floating devices)





**VI. FINANCIAL INFORMATION**

Please break down your organization's income sources for the past fiscal year as follows:

<b>Income Sources</b>	<b>\$ Amount</b>	<b>% of Total Funding</b>
Private/Corporate Donations	\$35,346.00	15
United Way	385.00	1
SETA		
Federal Assistance		
State Assistance		
City/County Assistance (not Ann Land/Bertha Henschel funds)		
Grants	\$84,991.00	34
Ann Land/Bertha Henschel Funds	5,000.00	2
Other	117,945.00	48
<b>TOTALS</b>	<b>\$243,667.00</b>	<b>100</b>

**VII. ATTACHMENTS**

Please attach the following items to the application form.


-   List of your Board of Directors and Officers
-   Organizational chart or description of your organization's management structure
-   Verification of your not-for-profit status
-   Copy of your most recent scope of audit and any corrective actions or recommendations suggested by the auditing entity. (Do not submit the whole audit.) If you do not have an annual audit, a copy of your most recent CPA financial statement must be submitted.

**VIII. ASSURANCE AND CERTIFICATION**

I, the undersigned, as a duly authorized representative of this agency, affirm that the information and statements contained within this proposal are to the best of my knowledge, truthful and accurate, and further I am authorized to submit this proposal from this agency to deliver services.

I certify that the Ann Land/Bertha Henschel funds will be used to provide services to City of Sacramento residents only.

Marsha A. Vacca  
Name (please print)

  
Signature

Program Manager  
Title

10-16-00  
Date

# **ATTACHMENTS**

**BOARD OF DIRECTORS**

**ORGANIZATION CHART**

**NOT-FOR-PROFIT STATUS**

**RECOMMENDATION LETTERS**

# YWCA

## Perspective Board of Directors 2000-2001

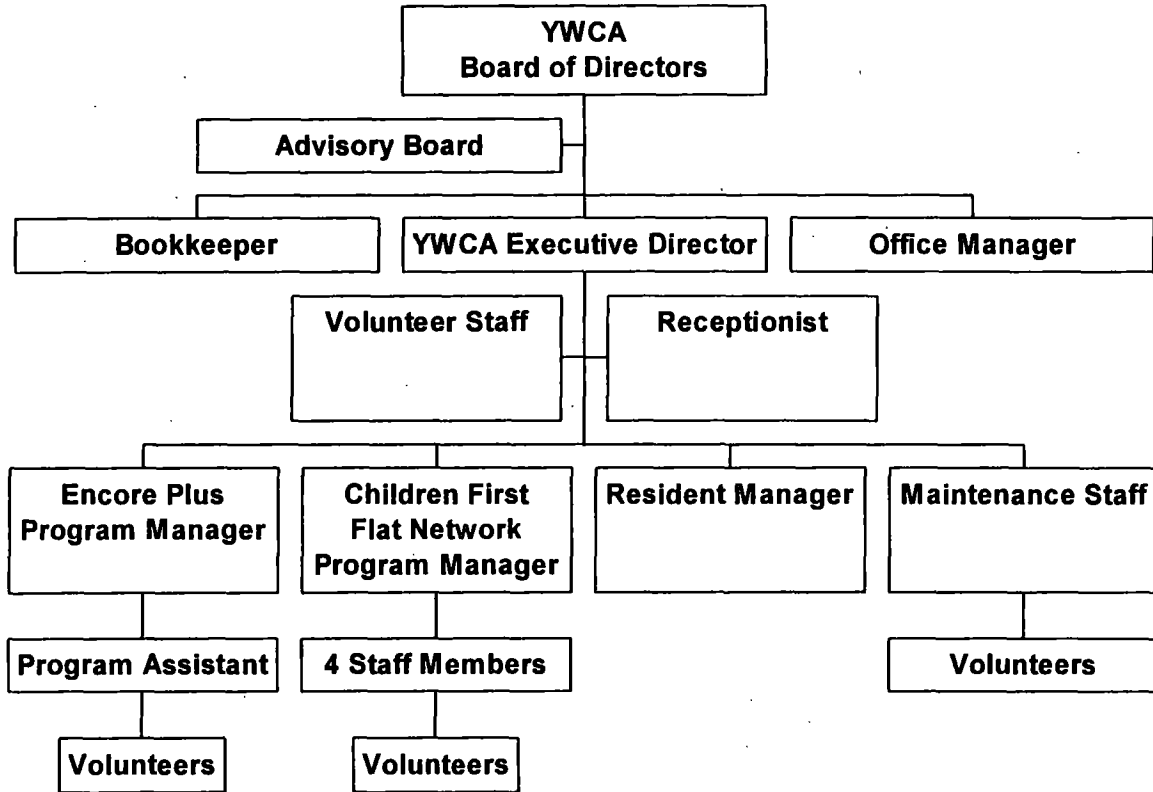
Maple Avery-Dull  
Sylvia Cagle  
Midge Marino  
Bunmi Awoniyi  
Angelia Hammock  
Heidi Creedon  
Kyvele Rhea Curtis  
Lisa Hosbein, M.D.  
Helen McCullogh  
Vicky Atwood  
Rosemary DaSilva  
Mary Ravitz  
Bertha Mitchell  
Jeanne Freeman

**YWCA of Sacramento  
Advisory Board  
2000**

<u>Name</u>	<u>Company Name</u>
Beckman, Desli	Community Member
Boyd, Donna	Community Member
Boynton, Cindy	Community Member
Cari, Marge	VOA
Engle, Lisa	Nehemiah Corporation
Glass, Sue	Regional Transit
Hosbein, Lisa	Dr. Lisa Hosbein
Irey, Pamela	Publication Relations
Kiefer, Tanya	Kaiser Permanente
MacKenzie, Dan	Dr. Lisa Hosbein
Newman-Velez, Jeannette	WIC
Pope, Julie Ann	Community Member
Ravitz, Mary	Community Member
Snyder, Janice	Encore <i>Plus</i>

Revised 10-16-00

# YWCA OF SACRAMENTO





Internal Revenue Service

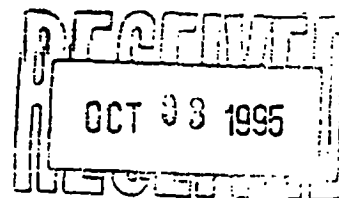
Department of the Treasury

District  
Director

P.O. Box 2350 Los Angeles, Calif. 90053

Young Women Christian Association Inc  
1122 17th St  
Sacramento, CA 95814-4014

Person to Contact:  
L. Barragan  
Telephone Number:  
213-894-2336  
Refer Reply to:  
EO- 091295  
Date:



EIN: 94-1156642

OCT 25 1995

Dear Taxpayer:

This letter is in response to your request for a copy of the determination letter for the above named organization.

Our records indicate that this organization was recognized to be exempt from Federal income tax in Sept. 1942 as described in Internal Revenue Code Section 501(c)(3). It is further classified as an organization that is not a private foundation as defined in Section 509(a) of the Code, because it is an organization described in Section 509(a)(2).

The exempt status for the determination letter issued in Sept. 1942 continues to be in effect.

If you need further assistance, please contact our office at the above address or telephone number.

Sincerely,

L. Barragan  
Disclosure Assistant

**FINANCIAL**

**INFORMATION**

#### **IV. FUNDING PROCESS**

Applications will be reviewed by the Commission at its meeting on November 15, 2000 - 9:00 a.m., at the City Hall Council Chamber, 915 I Street, Second Floor. About a week prior to the meeting, a notice will be sent to your "agency contact" with a more specific time for your agency's application review.

Representatives of the agency or organization **MUST BE PRESENT** at the November funding meeting to answer any questions the Commission may have regarding the application. There will be a time limit of five minutes for each applicant. **APPLICATIONS OF AGENCIES WHO FAIL TO ATTEND THIS MEETING WILL NOT BE CONSIDERED.**

Funding decisions will be made at the afternoon session of the Commission's meeting on November 15th. Because all Commission meetings are public, you are welcome to remain at the meeting to determine the outcome of your application. Written notification of the Commission's decisions will be mailed to all applicants on or about December 11, 2000.

Successful applicants will submit quarterly reports of expenditures to the Commission. The Commission meets the third Wednesday of February, May, August and November at 9:00 a.m. at City Hall, 915 I Street. The Commissioners arrange annual site visits to funded agencies in July. Additionally, the Commissioners request that they may at any time visit agency sites to observe operations, activities and programs.

**NOTE: If you are unable to comply with any of the requirements set forth in this application, please state the reason here:**

The YWCA is in the process of getting a fiscal audit completed for the fiscal year July 1, 1999 - June 30, 2000. This will be the first official audit since 1996-97. We are excited about achieving this milestone in the rebirth of the YWCA. This audit will be available to the Commission in the next 60 days.

You may contact Kathy Trapp at 264-7949 for assistance with this application.