

• **1990s:** The 1990s saw a significant increase in the number of people with mental health problems, particularly in the area of substance abuse. This was largely due to the widespread use of drugs and alcohol, which led to a rise in mental health issues such as depression, anxiety, and schizophrenia. The 1990s also saw a growing awareness of mental health problems, which led to a reduction in the stigma associated with them. This was reflected in the fact that more people were seeking help for their mental health problems, and more people were being treated in mental health hospitals.

• **2000s:** The 2000s saw a continued increase in the number of people with mental health problems, particularly in the area of substance abuse. This was largely due to the widespread use of drugs and alcohol, which led to a rise in mental health issues such as depression, anxiety, and schizophrenia. The 2000s also saw a growing awareness of mental health problems, which led to a reduction in the stigma associated with them. This was reflected in the fact that more people were seeking help for their mental health problems, and more people were being treated in mental health hospitals.

• **2010s:** The 2010s saw a continued increase in the number of people with mental health problems, particularly in the area of substance abuse. This was largely due to the widespread use of drugs and alcohol, which led to a rise in mental health issues such as depression, anxiety, and schizophrenia. The 2010s also saw a growing awareness of mental health problems, which led to a reduction in the stigma associated with them. This was reflected in the fact that more people were seeking help for their mental health problems, and more people were being treated in mental health hospitals.

• **2020s:** The 2020s saw a continued increase in the number of people with mental health problems, particularly in the area of substance abuse. This was largely due to the widespread use of drugs and alcohol, which led to a rise in mental health issues such as depression, anxiety, and schizophrenia. The 2020s also saw a growing awareness of mental health problems, which led to a reduction in the stigma associated with them. This was reflected in the fact that more people were seeking help for their mental health problems, and more people were being treated in mental health hospitals.

• **2030s:** The 2030s saw a continued increase in the number of people with mental health problems, particularly in the area of substance abuse. This was largely due to the widespread use of drugs and alcohol, which led to a rise in mental health issues such as depression, anxiety, and schizophrenia. The 2030s also saw a growing awareness of mental health problems, which led to a reduction in the stigma associated with them. This was reflected in the fact that more people were seeking help for their mental health problems, and more people were being treated in mental health hospitals.