



REPORT TO COUNCIL

City of Sacramento

13

915 I Street, Sacramento, CA 95814-2604
www.CityofSacramento.org

Consent Calendar Item
March 7, 2006

Honorable Mayor and
Members of the City Council

Subject: Supplemental Agreement: Increase Professional Services Agreement 2004-0836 For The Provision Of Health And Fitness Training With A Not Exceed Amount Of \$132,000 And Extend Agreement To July 31, 2006.

Location/Council District: Citywide

Recommendation:

Adopt a resolution authorizing the increase and extension of the Professional Services Agreement 2004-0836.

Contact: Jay Bowdler, Assistant Chief, 916-216-0305

Presenters: N/A

Department: Fire

Division: Training

Organization No: 2552

Summary:

The Fire Department has utilized a fitness training program since 1990. This program was designed to reduce injuries and increase fitness of firefighters. Over the years, this program has grown and is utilized by firefighters, fire recruits, and student interns. The existing agreement for fitness training expires in the middle of a fire recruit academy. In order to maintain the consistency and integrity of this program, the current agreement needs to be extended through July 2006 with the total amount not to exceed \$132,000.

Committee/Commission Action: None.

Background Information:

The Sacramento Fire Department, in conjunction with American River College (ARC), began a fitness training program in June 1990. ARC provided a "coach" to facilitate this pilot program to help firefighters reduce back injuries & heart related issues. Approximately 5 years later, ARC stopped funding this program, at which point the department contracted with an individual to provide training part-time. This program has since evolved into a 40+ hour a week job. Fitness training and nutritional information is provided to firefighters in the stations as well as to fire recruits and paramedic student interns. To support this full-time program Council approved the addition of a full-time employee (FTE) to the Fire Department in May 2003. The position was subsequently frozen and attached to the passage of the 911 Fee.

The Fire Department is working towards reinstating the budgeted FTE for this position. In the interim the Fire Department has continued the program through a professional services agreement. The Department is requesting an increase in the professional services agreement to \$132,000 and extension through July 31, 2006. This extension will allow the continuity of the program for the current recruit academy.

Financial Considerations:

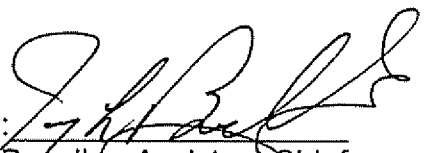
The extension will increase the agreement's not-to-exceed amount from \$96,000 to \$132,000. This increase will be covered through the existing Fire Department budget.

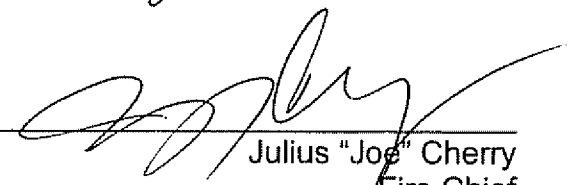
Environmental Considerations: N/A

Policy Considerations: The extension of this agreement is consistent with the core values of the city pertaining to our employees. It also helps reach one of the three-year goals to improve and expand public safety.

Emerging Small Business Development (ESBD):

Current contractor is not certified, working to obtain certification.

Respectfully Submitted by: 
Jay Bowdler, Assistant Chief

Approved by: 
Julius "Joe" Cherry
Fire Chief

Recommendation Approved:


Ray Kerridge
Interim City Manager

Table of Contents:

Pg	1-2	Report
Pg	3	Resolution

RESOLUTION NO. 2006-

Adopted by the Sacramento City Council
February 28, 2006

Extension of Professional Services Agreement 2004-0836

BACKGROUND

- A. The Sacramento Fire Department, in conjunction with American River College (ARC), began a fitness training program in June 1990. ARC provided a "coach" to facilitate this pilot program to help firefighters reduce back injuries & heart related issues. Approximately 5 years later, ARC stopped funding this program, at which point the department contracted with an individual to provide training part-time.
- B. This program has since evolved into a 40+ hour a week job. Fitness training and nutritional information is provided to firefighters in the stations as well as to fire recruits and paramedic student interns.
- C. To support this full-time program Council approved the addition of a full-time employee (FTE) to the Fire Department in May 2003. The position was subsequently frozen and attached to the passage of the 911 Fee.
- D. The Fire Department is working towards reinstating the budgeted FTE for this position. In the interim the Fire Department has continued the program through a professional services agreement.
- E. The Department is requesting an increase in the professional services agreement to \$132,000 and extension through July 31, 2006. This extension will allow the continuity of the program for the current recruit academy.

BASED ON THE FACTS SET FORTH IN THE BACKGROUND, THE CITY COUNCIL RESOLVES AS FOLLOWS:

- Section 1. The City Manager is authorized and directed to execute the Supplemental Agreement to increase the amount to \$132,000 and extend the agreement until July 2006.